



CERTIFICATE

— OF APPRECIATION —

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Rakesh Monga

AIC No: 2002

From

Guru Har Sahai, Punjab

has accepted & successfully completed

November Nirvana Challenge

30 Days Challenge of Cycling Or Running Or Both
by Cycling 400 Kms

FROM 01 TO 30 NOV 2023



NOVEMBER
Cycle & Run Wellness Challenge

VIRTUAL
Events

FPSNalli
FATEH PAL SINGH
EVENT COORDINATOR

Krishan Kumar
KRISHAN KUMAR
EVENT ORGANISER